# Gloucester City Swimming Club Spring Level 3 Open Meet

**Held Under Swim England Laws and Regulations** 

### and Swim England Technical Rules of Racing

**Run under Level 3 License conditions** 

## 17<sup>th</sup>, 18<sup>th</sup> & 19<sup>th</sup> March 2023

# GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT Programme of Events

Friday 17 <sup>th</sup> March 2022							
Session 1							
Warm-up (Girls/Boys)							
17:15							
Start Time: 17:50							
Finish Time: 20:50							
Eve	Mixed		1500m Free				
Eve	Mixed		800m Free				
Saturday 18 <sup>th</sup> March 2022							
	Session 2		Session 3				
Warm-up (Girls/Boys)					Warm-up (Girls/Boys)		
10:15					14:45		
Start Time: 11:35					Start Time: 16:00		
Finish Time: 14:35					Finish Time: 18:40		
Event 201	Girls	400m Free			Event 301	Boys	400m IM
Event 202	Boys	200m Fly			Event 302	Girls	100m Fly
Event 203	Girls	50m Back			Event 303	Boys	100m Back
Event 204	Boys	100m Breast			Event 304	Girls	200m Free
Event 205	Girls	200m IM			Event 305	Boys	200m Breast
Event 206	Boys	200m Back			Event 306	Girls	50m Breast
Event 207	Girls	50m Fly			Event 307	Boys	50m Free
Event 208	Boys	100m Free					
Sunday 19 <sup>th</sup> March 2022							
Session 4					Session 5		
Warm-up (Girls/Boys)					Warm-up (Girls/Boys)		
10:15					14:45		
Start Time: 11:35					Start Time: 16:00		
Finish Time: 14:35					Finish Time: 19:00		
Event 401	Boys	400m Free			Event 501	Girls	400m IM
Event 402	Girls	200m Fly			Event 502	Boys	100m Fly
Event 403	Boys	50m Back			Event 503	Girls	100m Back
Event 404	Girls	100m Breast			Event 504	Boys	200m Free
Event 405	Boys	200m IM			Event 505	Girls	200m Breast
Event 406	Girls	200m Back			Event 506	Boys	50m Breast
Event 407	Boys	50m Fly			Event 507	Girls	50m Free
Event 408	Girls	100m Free					

Please refer to attached qualifying times for age eligibility in certain events

Signing in closes 15 minutes before warm up for each session

#### Notes

- 1. Allocated warm-up times (i.e. age group) will be advised on the day.
- 2. All events are Heat Declared Winners.
- 3. Medals to be collected from presentation desk.