

## **SATURDAY JANUARY 13th 2024**

### **Session 1 – 8.00AM WU, 9.10AM START**

Event 1	Female	50 Fly	Nia, Phoebe, Grace C, Daisy, Millie, Florence, Flora, Harriet
Event 2	Open	200 back	Thomas, Harry
Event 3	Female	100 Breast	Nia, Daisy, Harriet
Event 4	Open	200 Free	Morgan, Chase, Harry, Thomas

### **45 Min Break (15 Min WU 14/U, 15 Min WU 15+)**

Event 1	Female	AG Finals 50 fly	
Event 1	Female	Champ Finals 50 fly	
Event 102	Open	Champ Finals 200 Back	
Event 3	Female	AG Finals 100 Breast	
Event 3	Female	Champ Finals 100 Breast	
Event 104	Open	Champ Finals 200 Free	

### **Session 2 – 13:20 WU, 14:30 START**

Event 5	Female	50 Free	Nia, Phoebe, Flora, Florence, Harriet
Event 6	Open	1500 free	X

### **30 Min Break (15 Minute WU)**

Event 5	Female	AG Finals 50 free	
Event 5	Female	Champ Finals 50 Free	

## **SUNDAY JANUARY 14th 2024**

### **Session 3 – 8.00AM WU, 9.10AM START**

Event 7	Female	100 Fly	Nia, Phoebe, Millie, Libby
Event 8	Open	100 Back	Morgan, Harry, George, Thomas
Event 9	Female	200 IM	Nia, Harriet
Event 10	Open	200 IM	Chase, Harry

### **45 Min Break (15 Min WU 14/U, 15 Min WU 15+)**

Event 110	Open	Champ Final 200 IM	
Event 7	Female	AG Final 100 Fly	
Event 7	Female	Champ Final 100 Fly	
Event 8	Open	AG Final 100 Back	
Event 8	Open	Champ Final 100 Back	
Event 109	Female	Champ Final 200 IM	

### **Session 4 – 13:00 WU, 14:10 START**

Event 11	Open	100 Fly	Chase, Thomas, Harry
Event 12	Female	100 Back	Nia, Phoebe, Imy, Grace P, Florence, Harriet
Event 13	Open	400 IM	
Event 14	Female	400 IM	Nia

### **45 Min Break (15 Min WU 14/U, 15 Min WU 15+)**

Event 11	Open	AG Finals 100 Fly	
Event 11	Open	Champ Final 100 Fly	
Event 12	Female	AG Final 100 Back	
Event 12	Female	Champ Final 100 Back	

## **SATURDAY FEBRUARY 3RD 2024**

### **Session 5 – 8.00AM WU, 9.10AM START**

Event 15 Female 50 Breast Nia, Grace C, Imy, Izzy B, Daisy, Harriet  
Event 16 Open 50 Back Morgan, Chase, Harry, Thomas,  
Event 17 Female 800 Free Nia

### **45 Min Break (15 Minute WU 14/U, 15 Minute WU 15+)**

Event 15 Female AG Finals 50 Breast  
Event 15 Female Champ Final 50 Breast  
Event 16 Open AG Finals 50 Back  
Event 16 Open Champ Final 50 Back

### **Session 6 – 13.15 WU/14.20 START**

Event 18 Female 100 Free Nia, Phoebe, Flora, Florence, Harriet  
Event 19 Open 200 Breast Chase  
Event 20 Female 200 Fly Nia  
Event 21 Open 400 Free

### **30 Min Break (15 Minute WU)**

Event 18 Female Champ Final 100 Free  
Event 18 Female AG Final 100 Free  
Event 119 Open Champ Final 200 Breast  
Event 120 Female Champ Final 200 Fly

## **SUNDAY FEBRUARY 4TH 2024**

### **Session 7– 8.00AM WU, 9.10AM START**

Event 22 Open 50 Breast Morgan, Chase. George, Thomas, William N  
Event 23 Female 50 Back Nia, Phoebe, Daisy, Imy, Grace P, Florence, Harriet  
Event 24 Open 800 Free X

### **45 Min Break (15 Minute WU 14/U, 15 Minute WU 15+)**

Event 22 Open AG Finals 50 Breast  
Event 22 Open Champ Final 50 Breast  
Event 23 Female AG Finals 50 Back  
Event 23 Female Champ Final 50 Back

### **Session 8– 13:00 WU/14:10 START**

Event 25 Female 200 Breast Nia, Grace C, Daisy,  
Event 26 Open 100 Free Morgan, Chase, Harry, George, Thomas  
Event 27 Female 400 Free Nia

### **30 Min Break (15 Minute WU)**

Event 26 Open AG Finals 100 Free  
Event 26 Open Champ Final 100 Free  
Event 125 Female Champ Final 200 Breast

## **SUNDAY FEBRUARY 25TH 2024**

### **Session 9 – 8.00AM WU, 9.10AM START**

Event 28 Open 50 Fly Morgan, Chase, Toby, Harry, George, Thomas  
Event 29 Female 200 Free Nia, Harriet  
Event 30 Open 100 Breast Chase, Harry, George

### **45 Min Break (15 Min WU 14/U, 15 Min WU 15+)**

Event 28 Open AG Finals 50 Fly  
Event 28 Open Champ Final 50 Fly  
Event 129 Female Champ Final 200 Free  
Event 30 Open AG Finals 100 Breast  
Event 30 Open Champ Final 100 Breast

### **Session 10 – 12:30 WU, 13:40 START**

Event 31 Open 50 Free Morgan, Chase, Toby, Harry, George, Thomas  
Event 32 Female 200 Back Nia , Phoebe, Imy, Harriet  
Event 33 Open 200 Fly  
Event 34 Female 1500 Free Nia

### **30 Min Break (15 Minute WU)**

Event 31 Open Champ Final 50 Free  
Event 31 Open AG Finals 50 Free  
Event 132 Female Champ Final 200 Back  
Event 133 Open Champ Final 200 Fly