

# Gloucester City Swimming Club Summer Level 3 Open Meet

6<sup>th</sup> & 7<sup>th</sup> July 2024

GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

## Programme of Events

Saturday 6 <sup>th</sup> July 2024					
Session 1			Session 2		
Warm-up			Warm-up		
09:15			15:00		
Start Time: 10:40			Start Time: 16:25		
Finish Time: 14:30			Finish Time: 19:15		
Event 101	Female	400m Free	Event 201	Open/Male	400m IM
Event 102	Open/Male	200m Fly	Event 202	Female	100m Fly
Event 103	Female	50m Back	Event 203	Open/Male	100m Back
Event 104	Open/Male	100m Breast	Event 204	Female	200m Free
10-minute break			Event 205	Open/Male	200m Breast
Event 105	Female	200m IM	Event 206	Female	50m Breast
Event 106	Open/Male	200m Back	Event 207	Open/Male	50m Free
Event 107	Female	50m Fly			
Event 108	Open/Male	100m Free			
Sunday 7 <sup>th</sup> July 2024					
Session 3			Session 4		
Warm-up			Warm-up		
09:15			14:30		
Start Time: 10:40			Start Time: 15:55		
Finish Time: 14:05			Finish Time: 18:50		
Event 301	Open/Male	400m Free	Event 401	Female	400m IM
Event 302	Female	200m Fly	Event 402	Open/Male	100m Fly
Event 303	Open/Male	50m Back	Event 403	Female	100m Back
Event 304	Female	100m Breast	Event 404	Open/Male	200m Free
Event 305	Open/Male	200m IM	Event 405	Female	200m Breast
Event 306	Female	200m Back	Event 406	Open/Male	50m Breast
10-minute break			Event 407	Female	50m Free
Event 307	Open/Male	50m Fly			
Event 308	Female	100m Free			

**Signing in closes 15 minutes before warm up for each session**